

**Patient Details**

**Ms Sample Report**  
**Parkgate House**  
**356 West Barnes Lane**  
**New Malden**  
**Surrey**  
**KT3 6NB**

**Practitioner Details**

Genova Diagnostics ( Europe )  
Parkgate House  
356 West Barnes Lane  
New Malden  
Surrey  
KT3 6NB

**Blood Group:** **A POS**  
**Client ID No:** **IWX500220**  
**Accession No:**  
Patients DOB: 20/03/1975  
Sample Date:  
Date Of Report: 01/12/2008



FOOD ALLERGEN CELLULAR TEST

## Comprehensive Food Allergy Profile

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- Foods
- Food Additives & Preservatives
- Total IgE
- IgE Specific Antibodies
- IgA Tissue Transglutaminase Antibodies



Patient: **Ms Sample Report**

Accession No:

**Food Allergen Cellular Test (FACT™)**

Fish / Shellfish	Vegetables	Poultry / Meats	Dairy
Clam 0	Artichoke 0	Beef (Veal) 0	Cheese (Cheddar) 2
Crab 0	Aubergine 0	Chicken 0	Cheese (Mold) 2
Fish Cod 0	Avocado 0	Duck 0	Cow's Milk 2
Fish Haddock 0	Basil 0	Egg white 2	Goat's Cheese 0
Fish Sardine 0	Beetroot 0	Egg yolk 2	Goat's Milk 0
Fish Salmon 0	Broccoli 0	Goose 0	Sheep's Milk 0
Fish Trout 0	Brussels sprouts 0	Lamb (Mutton) 0	Sheep's Cheese 0
Fish Tuna 0	Cabbage 0	Pork 0	Rice milk 0
Lobster 0	Cauliflower 0	Turkey 0	Soya milk 0
Mussel 0	Carrot 0		
Oyster 0	Celery 0	<b>Herbs / Miscellaneous</b>	
Prawn (Shrimp) 0	Chilli (Paprika) 0	E621 MSG 1	<b>Nuts and Grains</b>
Scallop 0	Cucumber 0	E124 Ponceau 0	Almond 0
Squid 0	Garlic 0	E210 Benzoate 1	Barley 0
<b>Fruits</b>	Leek 1	E110 S.Yellow 0	Bean Green 0
Apple 0	Lettuce 0	E102 Tartrazine 0	Bean Haricot 0
Apricot 0	Mushroom 0	Basil 0	Bean Kidney 0
Banana 0	Millet 0	Chocolate 0	Brazil nut 0
Cherry 0	Mustard 0	Coffee 1	Buckwheat 0
Orange 0	Onion 1	Honey 0	Cashew nut 0
Date 0	Parsley 0	Oregano 0	Chestnut 0
Fig 0	Pea 0	Sage 0	Chickpea 0
Grape 0	Pepper (Bell) 0	Sugar-beet 0	Coconut 0
Grapefruit 0	Potato 0	Sugar-cane 0	Corn (Maize) 0
Kiwi 0	Shallot 1	Tea black 0	Hazelnut 0
Lemon 0	Spinach 0	Tea green 0	Lentil 0
Lime 0	Tomato 0	Yeast 0	Oats 0
Mango 0			Peanut 4
Melon 0			Poppy seed 0
Nectarine 0			Rice 0
Peach 0			Rye 1
Pear 0			Sesame seed 0
Plum (Prune) 0			Soya 0
Pineapple 0			Walnut 0
Raspberry 0			Wheat 3
Strawberry 0			

**Total IgE / tTGA Antibodies**

	Inside	Outside
<b>Total IgE</b>		225.0
Reference Range	<= 87.0 IU/mL	
<b>tTGA- IgA</b>	1.9	
Reference Range	<4.0	>=4.0 U/mL

0 None Detected    1 Low    2 Moderate    3 High    4 High

- The FACTest™ measures the release of inflammatory markers from white blood cells following exposure to the test foods and additives, for the assessment of both IgE and non IgE dependent allergic reactions.

- Increasing scores suggest an increasing probability of clinical reactivity to specific foods.

- The True Relief diet is specific to FACTest™ results. Other dietary restrictions should also be taken into account.

**Laboratory Comments**

**Total IgE** level may have clinical significance and can be a useful indicator of IgE mediated disease.

**Tissue Transglutaminase Antibodies** (the target antigen of endomysial antibodies), can be used for the clinical diagnosis of symptomatic and latent coeliac disease.

Reported by: NRA

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## Food Specific IgE Antibodies

Allergen	kU/L	Class	Grade	Allergen	kU/L	Class	Grade
<b>ANIMAL PRODUCE</b>				<b>NUTS AND SEEDS</b>			
Pork	<0.10	0	*	Peanut	53.0	5	VH *
Beef	<0.10	0	*	Hazelnut	<0.10	0	*
Chicken	<0.10	0	*	Brazil Nut	<0.10	0	*
Lamb	<0.10	0	*	Almond	<0.10	0	*
Egg White	1.50	2	M *	Coconut	<0.10	0	*
<b>FISH / SEAFOOD</b>				<b>GRAINS</b>			
Cod	<0.10	0	*	Wheat	0.90	2	M *
Tuna	<0.10	0	*	Oats	<0.10	0	*
Salmon	<0.10	0	*	Corn	<0.10	0	*
Shrimp	<0.10	0	*	Buckwheat	<0.10	0	*
Mussel	<0.10	0	*	Rice	<0.10	0	*
<b>DAIRY PRODUCE</b>				<b>VEGETABLES / YEAST</b>			
Milk (Cows)	2.50	2	M *	Celery	<0.10	0	*
<b>FRUITS</b>				Tomato	<0.10	0	*
Orange	<0.10	0	*	Carrot	<0.10	0	*
Apple	<0.10	0	*	Potato	<0.10	0	*
Banana	<0.10	0	*	Soybean	<0.10	0	*
Peach	<0.10	0	*	Garlic	<0.10	0	*
Kiwi	<0.10	0	*	Mustard	<0.10	0	*
Mango	<0.10	0	*	Bakers's Yeast	<0.10	0	*
Pineapple	<0.10	0	*				

Grade: VL = Very Low L = Low M = Moderate H = High VH = Very High

**True Relief ROTATION DIET SCHEDULE (Combined), page 1 of 3**

FAMILY	DAY ONE	DAY TWO	DAY THREE	DAY FOUR
<b>Dairy Group</b> All dairy products		Cow's Milk Cheese (Cheddar)		Cheese (Mold)
<b>Goat's Milk</b> <b>Sheep's Milk</b>	Sheep's Milk Sheep's Cheese			Goat's Milk Goat's Cheese
<b>Hen's Egg</b>	Egg white Egg yolk			
<b>Beef, Veal</b>		Beef (Veal)		
<b>Lamb, Mutton</b>				Lamb (Mutton)
<b>Pork</b>				Pork
<b>Poultry</b> chicken, turkey, capon, duck, goose, pheasant, partridge, grouse	Chicken pheasant, quail	Duck	Turkey	Goose
<b>Mollusk</b> abalone, clam, mussel, oyster, scallop, squid, snail	Oyster Clam abalone		Mussel Scallop squid, snail	
<b>Crustaceans</b> crab, crayfish, lobster, shrimp, prawn	Crab	Prawn (Shrimp)		Lobster
<b>Fish</b> Fish may be eaten daily provided a different fish is selected each day Fish which are related are in small type under the tested fish	Fish Cod hake, pollock Fish Haddock hake, pollock	Fish Salmon Fish Trout	Fish Tuna mackerel, bonito Fish Sardine Pilchard, herring	Fish Plaice flounder, halibut, sole, turbot, dab
<b>Plum</b> plum, prune, cherry, peach, apricot, nectarine, almond	Apricot Plum (Prune) Cherry		Almond Peach Nectarine	
<b>Citrus</b> orange, grapefruit, lemon, lime, tangerine, kiwi, kumquat		Orange Lemon Mandarin		Grapefruit Kiwi Lime
<b>Apple</b> apple, pear, quince		Apple		Pear
<b>Rose</b> raspberry, blackberry, loganberry, strawberry	Raspberry Loganberry		Strawberry blackberry	
<b>Banana</b> plaintain	Banana			
<b>Grape</b> raisins				Grape
<b>Pineapple</b>			Pineapple	

**True Relief ROTATION DIET SCHEDULE (Combined), page 2 of 3**

FAMILY	DAY ONE	DAY TWO	DAY THREE	DAY FOUR
<b>Gluten Containing</b> wheat, rye, oats, spelt, triticale, kamut, barley	Barley Rye		Oats Wheat	
<b>Corn / Rice / Millet</b> corn, popcorn, sweetcorn, starch white rice, brown rice, wild rice millet, sorghum		Corn (Maize) Millet		Rice Rice milk
<b>Cane / Chestnut</b> cane sugar, molasses, chestnut, water chestnut	Chestnut		Sugar-cane	
<b>Buckwheat</b> rhubarb, sorrel				Buckwheat
<b>Flax</b> flax seed, linseed		Linseed		
<b>Sesame</b>	Sesame seed			
<b>Sunflower</b> jerusalem artichoke, safflower			Sunflower seed	
<b>Poppy</b>		Poppy seed		
<b>Legume</b> alfalfa, peas, lentils, peanut, licorice, acacia, senna, black-eyed peas, soy, Beans: mung, green, kidney, haricot, white, broad, string, pinto lima, chickpea	Chickpea Lentil Peanut Pea		Bean Kidney Bean Green Bean Haricot Soya Soya milk	
<b>Mustard</b> mustard, cabbage, broccoli, kale cauliflower, sprouts, turnips, radish kohlrabi, horseradish, watercress	Cauliflower Brussels sprouts		Cabbage Broccoli Mustard	
<b>Composite Flower</b> lettuce, endive, chicory, escarole, artichoke, dandelion	Lettuce		Artichoke	
<b>Lily</b> asparagus, onions, garlic, chives, onions, leeks, scallions, shallots, aloe vera		Garlic Onion		Leek Shallot
<b>Nightshade</b> potato, tomato, eggplant, peppers (bell, red, green, chile, cayenne), Paprika, pimento, tobacco	Pepper (Bell) Potato		Tomato Aubergine	
<b>Morning Glory</b> sweet potato, yam				Potato, sweet
<b>Parsley</b> parsley, parsnip, carrot, celery, celeriac, coriander, fennel, dill, cumin, lovage, chervil, anise		Carrot		Celery Parsley

**True Relief ROTATION DIET SCHEDULE (Combined), page 3 of 3**

FAMILY	DAY ONE	DAY TWO	DAY THREE	DAY FOUR
<b>Goosefoot</b> beet, spinach, chard.	Beetroot Sugar-beet		Spinach	
<b>Gourd</b> canteloupe, melon, Gherkin, pumpkin, squash, Zucchini		Cucumber		Melon
<b>Laurel</b> avocado, cinnamon, bayleaf			Avocado	
<b>Olive</b> green olive, black	Olive			
<b>Fungi</b> yeast (bakers, brewers), mushroom,		Mushroom		Yeast Bakers, Brewers
<b>Coffee</b>	Coffee			
<b>Tea</b> black tea, green tea	Tea black		Tea green	
<b>Chocolate</b> chocolate, cocoa			Chocolate	
<b>Honey</b> bee pollen, royal jelly	Honey			
<b>Lecythis</b> brazil nuts, paradise nut	Brazil nut			
<b>Cashew</b> cashew nut, pistachio nut, mango		Mango		Cashew nut Pistachio
<b>Hazelnut</b> hazelnut, filbert				Hazelnut
<b>Walnut</b> butternut, hickorynut, pecan		Pecan		Walnut
<b>Palm</b> coconut, sago, date, taro, poi		Coconut		Date
<b>Mint</b> Basil, Marjoram, Mint, Oregano peppermint, Rosemary, Sage, Spearmint, Thyme	Basil Oregano			Sage
<b>Gooseberry</b> gooseberry, black & red currant	Blackcurrant red & white currants		Gooseberry	
<b>Mulberry</b> mulberry, figs, breadfruit				Fig
<b>Black pepper</b>			Pepper (Black)	